



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Tiger Cubs	4:15PM	10AM 3:15 PM	6PM	10AM 3:15 PM	4:15PM	-
Jr. White & Yellow	6PM	11AM 4PM	4PM	11AM 5PM	-	9:00AM
Jr. Green	6PM	11AM 5PM	4PM	11AM 4PM	5PM *Sparring*	9:00AM
Jr. Blue	5PM	11AM 5PM	5PM	11AM 4PM	5PM *Sparring*	9:00AM
Jr. Brown, Red, & Black	5PM	11AM	5PM	11AM 6PM	5PM *Sparring*	9:00AM
Teen	7PM	Noon	7PM	Noon 7PM	6PM *Sparring*	8:00AM
Adult	7PM	Noon	7PM	Noon 7PM	6PM *Sparring*	8:00AM
Black Belt Leadership *By Invite Only!		6PM- Jr.'s 7PM- Teen/Adult				
Weapons/ Tricking						10AM – Jr.'s 11:30AM – Teen/Adult

ON TIME POLICY IF YOU ARE NOT 10 MINUTES EARLY, YOU ARE LATE. Students who arrive late may participate in the lesson, however, no lesson credit will be issued. Students who arrive more than ten minutes late will not be allowed to participate.

MINIMUM CLASSES TO TAKE TO QUALIFY FOR BELT TESTING

TIGER CUBS & WHITE YELLOW, GREEN, & BLUE BROWN & RED BLACK

10 12 14 14

Formula For Success!

- + ATTEND CLASS 2-3 TIMES A WEEK
- + ONE 30-MINUTE PRACTICE SESSION AT HOME EACH WEEK
- + ONE PRIVATE LESSON PER MONTH OR PER TESTING CYCLE
- = SUCCESS!

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