



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Tiger Cubs	4PM	6PM	4PM	5PM		9AM
Jr. White, Yellow, & Green	6PM	4PM	5PM	530PM	430PM	1PM
Jr. Blue, Brown, Red, & Black	5PM	630PM	6PM	4PM	430PM	1PM
Teen	7PM	5PM	7PM	630PM	730PM	10AM
Adult	7PM	Noon 730PM	7PM	Noon 730PM	730PM	8AM
Honors/ Leaders/ Instructors						11AM
Tricking						Noon
Weapons					B – 530PM I – 630PM	

ON TIME POLICY IF YOU ARE NOT 10 MINUTES EARLY, YOU ARE LATE. Students who arrive late may participate in the lesson, however, no lesson credit will be issued. Students who arrive more than ten minutes late will not be allowed to participate.

MINIMUM CLASSES TO TAKE TO QUALIFY FOR BELT TESTING

TIGER CUBS & WHITE

YELLOW, GREEN, & BLUE

BROWN & RED

BLACK

10

12

14

14

Formula For Success!

- + ATTEND CLASS 2-3 TIMES A WEEK
- + ONE 30-MINUTE PRACTICE SESSION AT HOME EACH WEEK
- + ONE PRIVATE LESSON PER MONTH OR PER TESTING CYCLE
- = SUCCESS!

VISIT US ONLINE

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